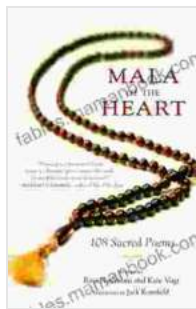


Mala of the Heart: 108 Sacred Poems for Spiritual Awakening and Inner Peace

Mala of the Heart is a collection of 108 sacred poems by Rumi, Hafiz, Kabir, and other beloved spiritual teachers. These poems offer guidance, inspiration, and comfort on the journey of spiritual awakening and inner peace.



Mala of the Heart: 108 Sacred Poems by Kate Vogt

★★★★☆ 4.4 out of 5

Language	: English
File size	: 974 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 144 pages
Hardcover	: 158 pages
Item Weight	: 13 ounces
Dimensions	: 7 x 0.55 x 10 inches



The mala, or prayer beads, is a sacred object used in many spiritual traditions. It is a reminder of the divine within us and a tool to help us connect with our higher selves. The 108 beads of the mala represent the 108 names of God in the Hindu tradition. As we recite the names of God, or simply focus on the breath, the mala helps us to center our minds and hearts.

The poems in Mala of the Heart are like beads on a mala. Each poem is a precious gem that offers a different perspective on the spiritual journey. Some poems are like mantras, repeating simple but powerful truths. Others are like prayers, expressing our deepest longings and aspirations. And still others are like stories, sharing the wisdom and experiences of the great spiritual teachers.

Whether you are a seasoned spiritual seeker or just beginning your journey, Mala of the Heart is a valuable companion. These poems will inspire you, comfort you, and guide you on the path to spiritual awakening and inner peace.

Here is an excerpt from one of the poems in Mala of the Heart:

In the garden of the heart,

Where the flowers of love bloom,

There is a path that leads to God.

Follow this path and you will find

True peace and happiness.

- Rumi

Mala of the Heart is a beautiful and inspiring collection of poems that will touch your heart and soul. If you are looking for a book that will help you on your spiritual journey, I highly recommend Mala of the Heart.

Benefits of Reading Mala of the Heart

- Gain guidance and inspiration on the journey of spiritual awakening and inner peace
- Connect with your higher self and the divine within
- Find comfort and solace in times of need
- Expand your understanding of the world and your place in it
- Develop a deeper sense of compassion and love for yourself and others

Who Should Read Mala of the Heart?

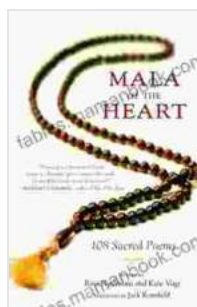
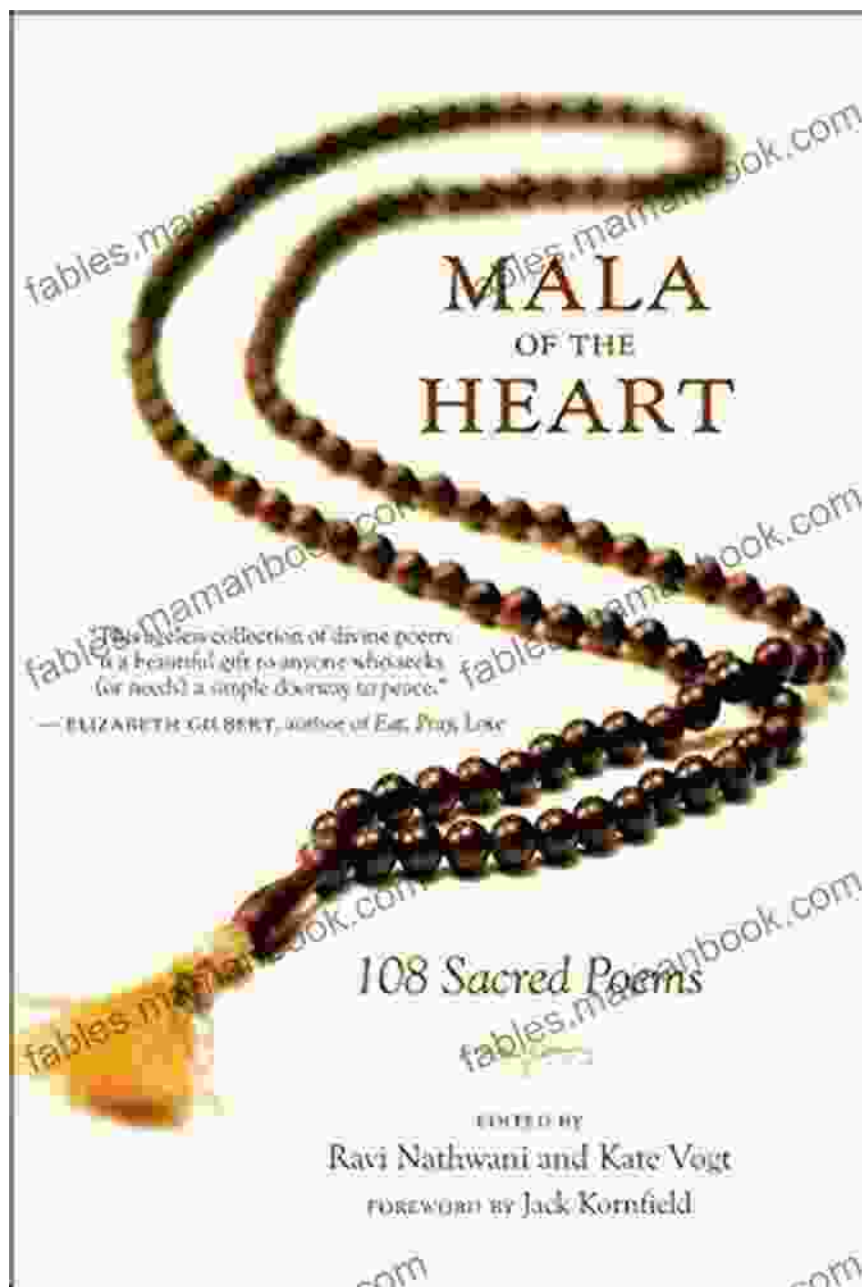
- Anyone who is interested in spirituality
- People who are on a journey of self-discovery
- Those who are seeking inner peace and happiness
- People who are going through a difficult time
- Anyone who wants to connect with the divine within

How to Read Mala of the Heart

There is no right or wrong way to read Mala of the Heart. You can read the poems in order, or you can open the book to any page and read the poem that speaks to you. You can read the poems aloud or silently. You can meditate on the poems or simply enjoy their beauty.

No matter how you choose to read Mala of the Heart, I hope that these poems touch your heart and soul. May they bring you guidance, inspiration, and inner peace.

Namaste.

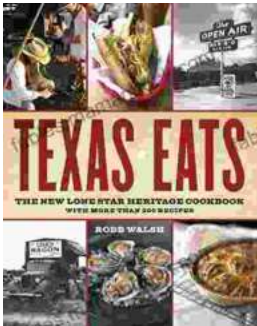


Mala of the Heart: 108 Sacred Poems by Kate Vogt

★★★★☆ 4.4 out of 5

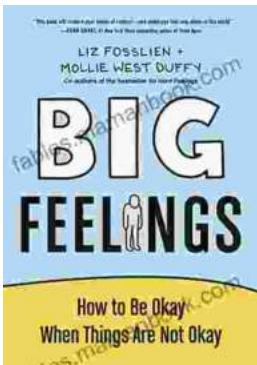
- Language : English
- File size : 974 KB
- Text-to-Speech : Enabled
- Screen Reader : Supported
- Enhanced typesetting : Enabled
- Word Wise : Enabled

Print length : 144 pages
Hardcover : 158 pages
Item Weight : 13 ounces
Dimensions : 7 x 0.55 x 10 inches



Discover the Culinary Treasures of Texas: The Lone Star Heritage Cookbook with Over 200 Delectable Recipes

Exploring the Flavors of the Lone Star State Embark on a culinary journey through the vast and diverse landscapes of Texas with The Lone Star Heritage Cookbook, an...



How To Be Okay When Things Are Not Okay: A Comprehensive Guide

Life is full of ups and downs. There will be times when everything seems to be going your way, and there will be times when it feels like the whole...